ARUP Consult

Prostate Cancer Screening

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INDICATIONS FOR SCREENING*

Screening is recommended only in conjunction with digital rectal exam (DRE) for patients with:

- Risk factors for prostate cancer
- Family history of prostate cancer

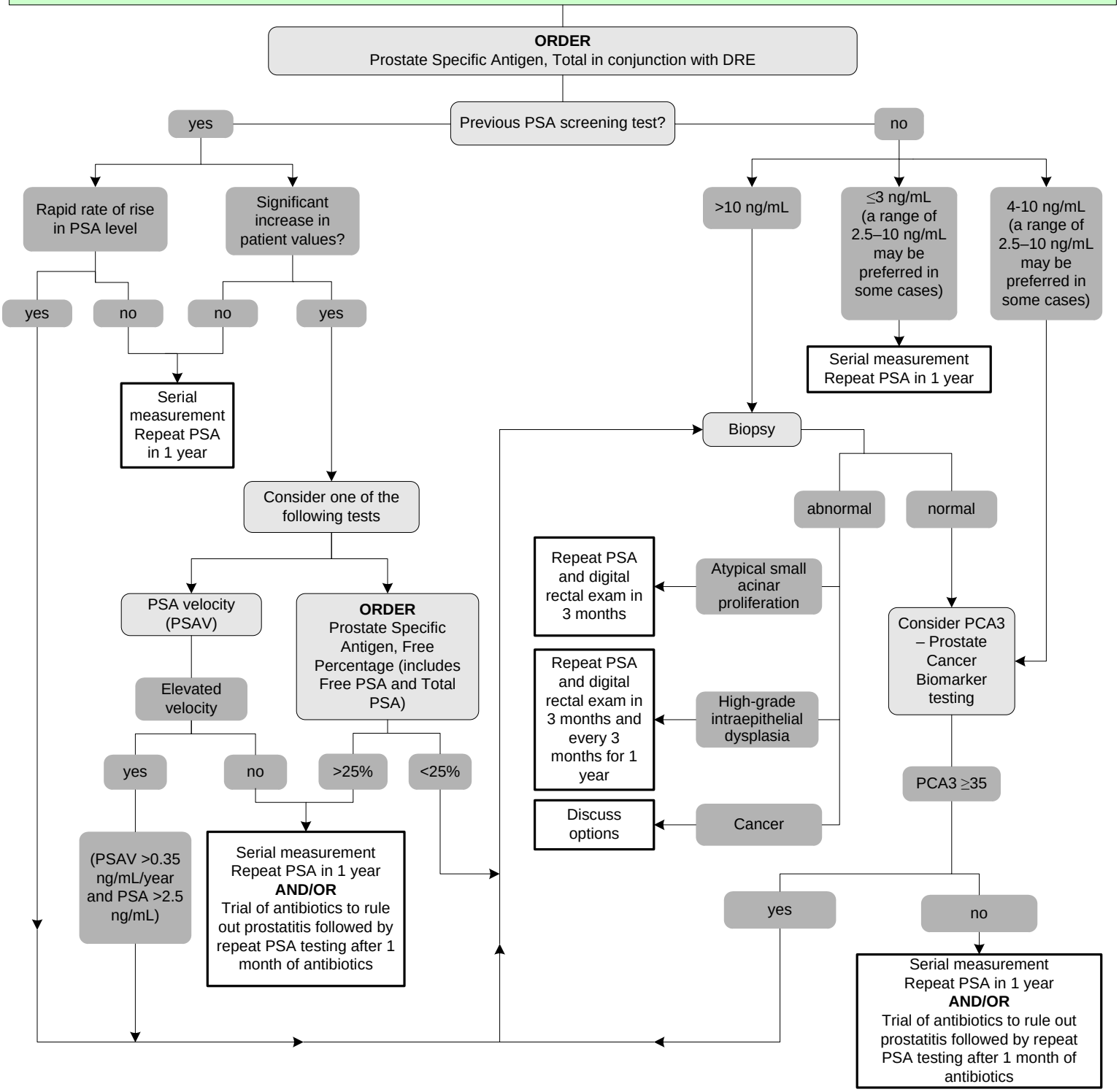
OR

- Patient and physician decision to use PSA as screening test (screening should be performed annually)

Screening is not recommended if patient is:

- <50 years (exception for patients with a first-degree relative diagnosed with prostate cancer <65 years)
- >65 years with a life expectancy <10 years
- >75 years (average life expectancy at 75 is <10 years)

*PSA screening is favored by American Cancer Society (ACS), American Urological Association (AUA) and National Comprehensive Cancer Center Network (NCCN); however, U.S. Preventive Services Task Force (USPSTF) and American College of Physicians (ACP) conclude that current evidence is insufficient to assess the balance of benefits and risks of prostate cancer screening in patients <75 years. AUA recommends screening beginning at age 40; all others recommend age 50.



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